In Someone's Shoes

Erasmus Blended Intensive Programme (BIP)

Wrocław University of Health and Sport Sciences | Poland
April 19–23 | 2027
3 ECTS

Study programme

TITLE: IN SOMEONE'S SHOES
CODE: 2025-1-PL01-KA131-HED-000313041-2
ECTS: 3

We are excited to invite students to participate in an exceptional international educational program organized under Erasmus+. This program, titled "In Someone's Shoes," is an Erasmus Blended Intensive Programme (BIP).

This unique initiative provides an opportunity to immerse yourself in the experiences of individuals with various disabilities. You will gain firsthand insight into the barriers and challenges they face daily and learn how to approach these situations with empathy, knowledge, and practical skills.

THROUGHOUT THE PROGRAM, YOU WILL:

Acquire theoretical knowledge about disabilities, rehabilitation, sports for individuals with disabilities, and occupational therapy.

Participate in hands-on workshops that simulate various physical limitations, such as using a wheelchair, walking with crutches, and experiencing limited vision, hearing, or mobility. Learn how to assist individuals with disabilities in their daily activities. Understand the presence of individuals with disabilities in public life and explore ways to break down architectural and social barriers.

Topics addressed include

- Individuals with disabilities in EU countries
- Architectural and social barriers
- Daily living activities
- Sports and recreation
- Social and integrative activities
- Support systems

Programme structure

- 10 hours of online learning (via Zoom) - date to follow
- 50 hours of intensive in-person sessions
- 25 hours of individual study

TOTAL

- 60 contact hours
- 3 ECTS credits

Who can participate?

The course is open to Bachelor's and Master's students, prioritizing occupational therapy and physiotherapy, followed by other study areas.

Where?

The Wrocław University of Health and Sport Sciences, Wrocław, Poland will host in-person sessions. Online sessions will take place via ZOOM.

Costs and funding

Participants are responsible for their own travel and accommodation expenses while in Wrocław. Students have the option to apply for an Erasmus+ grant through their home university to assist with these costs.

Virtual component description

A discussion concerning the subject of disability, with a focus on how it is approached and experienced in a specifi c country. The analysis should cover key aspects such as current statistics, the scale of the phenomenon, demographic characteristics of people with disabilities, as well as the types of support systems available. Additionally, attention should be given to accessibility, forms of social communication, and the cultural context surrounding disability in the chosen country.

How to apply?

Applications for the BIP study project can only be submitted via the student's Home University Erasmus+ Office. Limited spots available – **only 3 participants per university can enroll.**

Applications are accepted until **December 31, 2026.** Please submit applications as an Excel file attachment (template available below) to the address **office@awf.wroc.pl.**

Contact

For more information, please feel free to contact us at **office@awf.wroc.pl.**

Don't miss the chance to acquire practical skills and gain international experience!