



# Level Up Your EBP Physio Skills!

Erasmus+ Blended Intensive Programme:  
**Evidence-Based Physiotherapy**

*Autumn 2026  
Paris, France*



## General information:

**BIP title:** Evidence-Based Practice

**Dates:**

- physical mobility: October 26, 2026 to October 30, 2026
- virtual component: September 25, 2026

**Total ECTS awarded:** 3 ECTS

**Location:** Assas School (4-6 villa Thoreton, 75015 Paris)

**Subway station:** Lourmel (line 8)

## Contact persons of the programme:

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# Participating institutions



UNIVERSIDADE  
DA CORUÑA



**Universidad  
Europea** MADRID



**SANTA MARIA  
HEALTH SCHOOL**  
Escola Superior Saúde Santa Maria

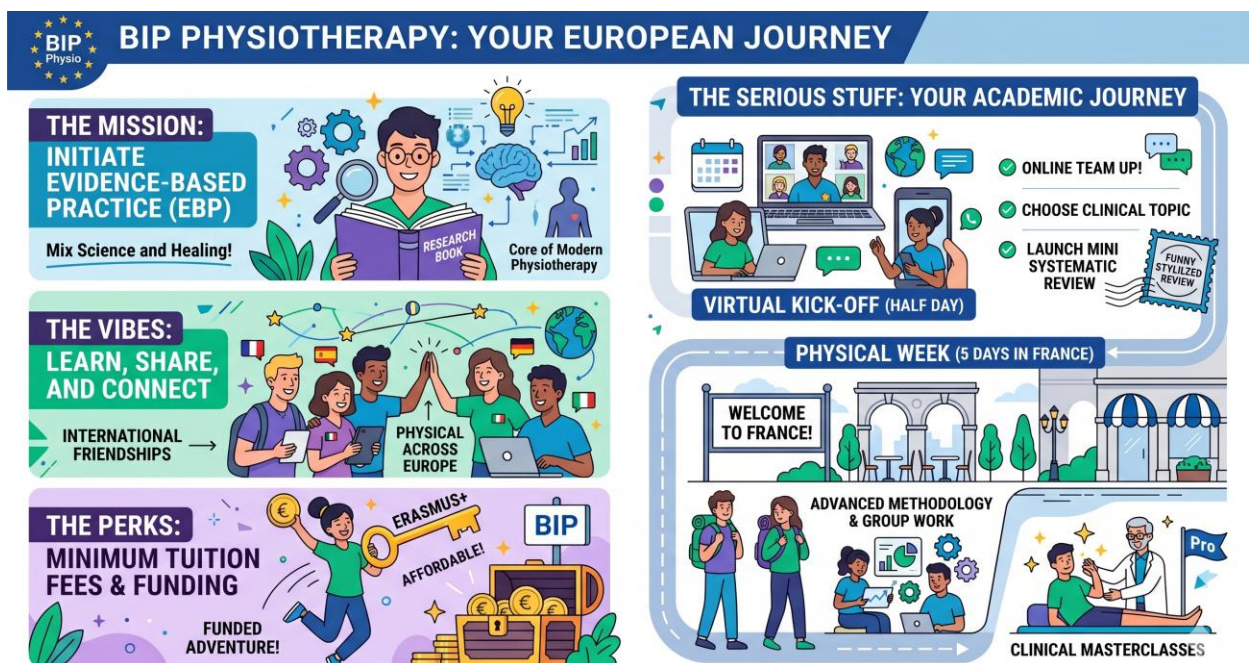


# The concept: What is this BIP about?

**The Mission:** Initiate Evidence-Based Practice (EBP), the core of modern physiotherapy

**The Vibes:** Learn, share, and connect with fellow physio students from all over Europe.

**The Perks:** Minimum tuition fees, funded by your Erasmus+ grant!



## The Serious stuff: Your academic journey

Content divided into two visual blocks (details is coming):

- **Virtual Kick-off** (half day): Meet your international team, choose your clinical topic, and launch your "Mini Systematic Review."

- **Physical Week** (5 days in France): Advanced scientific methodology, group work, and clinical masterclasses.

# The Ultimate Goal: The Mini Systematic Review Challenge 🏆

You won't just listen, **you'll create.**

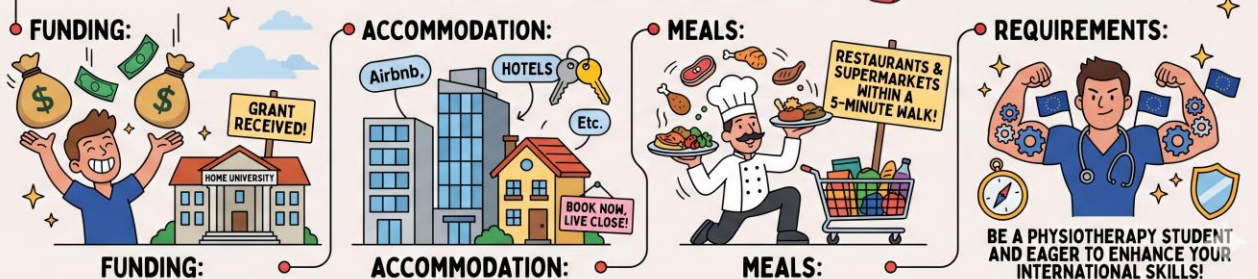
**Collaborate** with your European team to **solve a real-world clinical question** using the systematic review method.

Present your findings on the final day and **become an expert in applied clinical research.**

## THE ULTIMATE GOAL: THE MINI SYSTEMATIC REVIEW CHALLENGE 🏆



## EASY LIFE: PACK YOUR BAGS! 🧳



## Easy Life: Pack Your Bags! 🧳

**Funding:** Receive a mobility grant from your home university.

**Accommodation:** Several Airbnbs, hotels, etc., are available.

**Meals:** Restaurants and supermarkets are within a 5-minute walk.

**Requirements:** Be a physiotherapy student and eager to enhance your international skills!

# Work Hard, Play Hard

## *Experience the French Lifestyle*



### **Culture & Monuments**

Take the time to explore our beautiful region  
(free time is included!)

### **Gastronomy**

Get ready to eat plenty of cheese, baguettes, and local specialties with your new European friends

### **Nightlife & Fun**

Discover local student parties, lively terraces, and the best spots to unwind after class

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## **Ready to join us?** 🌍

1. Contact your International Office
2. Apply for the BIP "Evidence-Based Physiotherapy" nomination
3. Get ready for the adventure!